

Picture of Health Foundation, Inc.

Sponsorship Packet



Dear Sponsors and Supporters:

The Picture of Health Foundation, Inc. is a 501(c)(3) non-profit organization designed to provide communities with education that empowers people to live and stay healthy. We do so by teaching the benefits of healthy lifestyle management; using a balanced approach to medical, mental and physical health. The POHF, Inc. team of experts will provide communities with access to researched-based health and wellness information, screenings, and physical fitness opportunities. Our wellness teams of experts consist of: Doctors, Physician's Assistants, Nurses, Nutritionist, Psychologist, and Fitness Coaches who donate time, resources, and knowledge. The service will include free health & wellness screenings, educational seminars focused on diet & nutrition, and physical fitness exercises. All of these preventive strategies are taught to help minimize stressors and live healthy balanced active lifestyles.

The Picture of Health Foundation, Inc. Mission is to serve communities in the USA and abroad by enhancing the welfare our society; linking the balance between medical, mental, physical, and dietary health. By educating communities on the benefits of living healthy; the POHF, Inc. aims to reduce the risk of metabolic syndrome a self-induced disease caused by obesity and inactivity. It is our belief that communities armed with the knowledge of good nutrition, mental health awareness, and physical activity will significantly improve their quality of life.

We encourage families to:

- Start and remain physically active
- Reduce sugary drinks and increase water consumption
- Reduce screen time
- Focus on Holistic Wellness
- Reduce Illness
- Increase productivity through awareness.

Burst N2 Fitness 5K Event details

Mark your calendars now for **September 19, 2015** as the date for the POHF Annual 5K Family Fun Run! This year, our event will take place at Tribble Mill Park in Lawrenceville, Georgia and will feature Bubble Blast machines and a Dance Party with a DJ. The event time is from 7:00am -12:00pm with the race starting at 8:00am.

Burst N2 Fitness 5K is perfect for everyone from individuals to families, from the most competitive racer to the occasional jogger or walker. All racers will receive a Burst N2 Fitness official T-Shirt and Bubble Wand. \$30 for individuals 13 and older; 12 years and younger race for free.

Pre-Race Day Package Pickup will be **September 14th & 15th from: 10am-2am and 5pm-8pm.**

**Picture of Health Foundation, Inc.
2227 Idlewood Road Suite #10
Tucker, Georgia 30084
770.807.7813**

Sponsorship Package Includes:

- **Your company logo on Race Bib**
- Your company logo listed on POHF website for 60 days as a supporter of the POHF
- Your company brochure will be included in our registration package (which advertises product and or services with contact information)

Your sponsorship will help assure the success of the POHF. We look forward to hearing from you. Join us in our mission as we collectively work toward empowering healthy lifestyles.

SPONSORSHIP FORM

First and Last Name

Name of Company

Address

Phone

Email

We will participate at the following level:

- \$200 (race bib, website, & brochure submission)
- Other-**Please contact me directly regarding my donation**

Please complete this form and attach payment method to:

Online: www.pohfoundation.org

Check: The Picture of Health Foundation, Inc.
2227 Idlewood Road. Suite #10
Tucker, GA 30084

Sincerely,

Diana Caldwell
POHF, Executive Coordinator