

# PICTURE OF HEALTH FOUNDATION, INC.

September 19, 2015  
7 AM - 12 PM



2015 Individual/Family SPONSORSHIP PACKAGE

In recognition of Childhood Obesity Awareness Month



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## **Our Vision:**

The Picture of Health Foundation, Inc. is a 501(c)(3) non-profit organization designed to provide communities with education that empowers people to live and stay healthy. We do so by teaching the benefits of healthy lifestyle management; using a balanced approach to medical, mental and physical wellness. Through the POHF wellness team of experts, we provide communities with access to researched based health and wellness information, screenings, and physical fitness opportunities. Our wellness team of experts consist of: Medical Doctors, Physician Assistants, Nurse Practitioners, Registered Nurses, Medical Assistants and Fitness Coaches.

## **Our Mission:**

To serve communities at risk for metabolic syndrome, a self-induced disease caused by obesity and inactivity. It is our belief that communities armed with the knowledge of good nutrition, mental health awareness, and physical activity will significantly improve their quality of life.

## Our Method:

Join us in the Fight Against Childhood Obesity, and Burst N2 Fitness! The PHOF Burst N2 Fitness 5K Bubble Run is one of our events designed to promote physical activity for everyone in the family. All who attend receive personal training tips and dietary nutrition information.

Approximately 17% (or 12.5 million) of children and adolescents aged 2—19 years are obese. Childhood obesity has quickly become a leading preventable cause of death and illness in children. Many overweight and obese children suffer from dangerous, debilitating health problems including Type 2 diabetes, sleep apnea, hypertension, heart disease, low self-esteem and depression.

Childhood obesity also increases the risk of potentially fatal health issues later in life. Obese children will most likely become obese adults.



<b>Event Name</b>	<b>Burst N2 Fitness 5K Bubble Run</b>
<b>Location</b>	<b>Tribble Mill Park 2125 Tribble Mill Pkwy SE, Lawrenceville, GA 30045</b>
<b>Date/Time</b>	<b>September 19, 2015 / 7 AM – 12 PM</b>
<b>Main Event</b>	<b>5K Run Walk</b>

### Included Activities:

- 5K Family Friendly Race Course (USATF Race course Certified)
- Hydration Station
- DJ & Zumba Dance Party

### Race Packet:

Racers receive a race package and swag bag. Registration maybe on an individual or family level. All racers receive a race bib number indicating they are part of the event.



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# DONOR OPPORTUNITIES

DONATION LEVEL	AMBASSADOR	PATRON	SUPPORTER	FRIEND
NAME LISTED ON POHF, Inc. Website (1year)	\$1,000	\$700	\$500	\$250



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# DONOR RESPONSE FORM

**Commitments for Sponsorships are due by September 1, 2015.  
Automatic Race Entry for 4 to BURST N2 FITNESS Event**

You may pay by check:



**Picture of Health Foundation, Inc.  
2227 Idlewood Road. Suite #10  
Tucker, GA 30084**

(Or) Online: [www.pohfoundation.org](http://www.pohfoundation.org)

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

**I/We will participate at the following level:**

- Ambassador (\$1,000)
- Patron (\$700)
- Supporter (\$500)
- Friend (\$250)
- Other \*\*My donation amount is not listed; please contact me directly
- Other \*\*My donation amount is not listed; please DO NOT contact me

**Questions and Promo Code Info:**

**Diana Caldwell**

**POHF, Inc., Executive Coordinator**

[dcaldwell@pohfoundation.org](mailto:dcaldwell@pohfoundation.org)

**770-807-7813**

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Thank you for considering this request for sponsorship. Your support will help us in our mission as we collectively work toward empowering healthy lifestyles. Please feel free to contact us with any questions and or concerns you may have. Picture of Health Foundation is looking forward to working with you.

Sincerely,

*Donovan W. Christie, M.D.*

Donovan W. Christie, M.D., President and Founder  
Picture of Health Foundation, Inc.  
[dwchristie@pohfoundation.org](mailto:dwchristie@pohfoundation.org)

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